

# CALIFORNIA LPCC Fact Sheet



## Who are LPCCs?

### Licensed Professional Clinical Counselors

Business and Professions Code 4999.20

- More than 144,000 licensed professional counselors in 50 states
- Provide mental health care to millions of Americans
- Make up a large percentage of the workforce employed in mental health centers, agencies, and organizations
- Are reimbursed by managed care organizations and health plans
- The California Board of Behavioral Sciences considers LPCCs to be on par with LMFTs and LCSWs

## How are LPCCs governed?

• The California Board of Behavioral Sciences (BBS) regulates LPCCs, LMFTs, LCSWs, and LEPs

## Where and with whom do LPCCs work?

- Individuals, families (with additional training), groups, and communities
- Active duty military personnel and their families, as well as veterans (DoDs, TRICARE, VA)
- Are employed in mental health centers, agencies, and organizations across the country
- Treat mental, behavioral, and emotional problems and disorders

### Once licensed, LPCCs can provide:

- Supervision of APCCs and AMFTs (with additional training) earning the 3,000 post-degree hours
- Supervision of ASWs

### **Scope of Practice:**

- Individual and group therapy for adults and children
- Couples and family therapy (with additional training)
- Collateral services to couples and families

### Scope does NOT include:

- Projective techniques in the assessment of personality
- Individually administered IQ tests
- Neuropsychological testing
- Utilization of a battery of 3 or more tests to determine presence of psychosis, dementia, amnesia, cognitive impairment or criminal behavior (*B* & *P* Code 4999.20)



## **REQUIREMENTS TO BECOME A LPCC IN CALIFORNIA**

### 60 semester-units, which must include:

- · Methods of service delivery in recovery-oriented practice environments
- An understanding of various cultures and the social and psychological implications of socioeconomic position

### Coursework in 13 core areas:

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- Advanced counseling and psychotherapeutic theories and techniques
- Counseling and psychotherapy
- Human growth and development
- Career development
- Group counseling
- Assessment

- Multicultural counseling
- Diagnostic process
- Research and evaluation
- Professional orientation
- Psychopharmacology
- Addictions counseling
- Crisis and trauma counseling

# 15 semester-units (22.5.quarter units) of advanced coursework to develop knowledge of specific treatment issues or special populations:

*B* & *P* Code 4999.33 Examples:

- School counseling
- Rehabilitation counseling
- Creative arts therapies

6 semester-units (9 quarter-units) of supervised practicum or field study in a clinical setting that provides a range of professional counseling experience:

### B & P Code 4999.33, 4999.36, 4999.47

Must include 280 hours of face-to-face supervised clinical experience counseling individuals, families or groups

- Applied psychotherapeutic techniques
- Diagnosis
- Treatment

### Supervision:

B & P Code 4999.42 - 4999.48

• 3,000 post-degree hours of clinical mental health experience related to the practice of professional clinical counseling

### Two Exams:

B & P Code 4999.53, BBS Regulations 1805, 1806, 1816, 1822

- 1. California Law & Ethics Exam for LPCCs (APCCs are required to take this exam in the first year of internship)
- 2. National Clinical Mental Health Counselor Exam (taken upon completion of all supervised hours, education requirements, and passage of the CA Law & Ethics Exam)



For more information about professional clinical counseling, LPCC licensure in California, and CALPCC membership, visit us online at CALPCC.org