



CALPCC FELLOWS

Changing the face of Counseling

PROGRAM SPONSORED BY

The California Association for Licensed
Professional Clinical Counselors

ABOUT CALPCC

THE CALIFORNIA ASSOCIATION FOR LICENSED
PROFESSIONAL CLINICAL COUNSELORS

MISSION

To build and support the recognition and effective utilization of Licensed Professional Clinical Counselors (LPCC) in California as distinct and valuable providers within the clinical mental health profession.

VISION

To provide leadership for legislative, advocacy and promotional efforts on behalf of Licensed Professional Clinical Counselors (LPCC) in California.

GOALS

- **NEW Goal:** To support the growth of a diverse mental healthcare workforce and access to mental health care throughout the State of California through an intentional effort of community outreach.
- To provide on-going protection for LPCCs through legislative action, regulatory advocacy and organized contact with California legislators.
- To protect consumers of counseling services in California by continuing to strengthen qualifications and ethical practice standards for LPCCs in California.
- To promote the understanding and visibility of LPCCs to the public.
- To represent LPCCs at meetings of the Board of Behavioral Sciences and statewide coalitions of mental health providers.
- To serve and represent the common professional and business interests of LPCCs to ensure parity with other licensed mental health professionals.
- To provide information to LPCCs regarding legal, ethical, business or practice concerns, and trends and legislation at the national level.
- To provide community building and professional development for LPCCs through workshops, conferences and virtual methods of communication.





WHO WE'RE LOOKING FOR

Those who identify as BIPOC (Black, Indigenous, & People of Color)

First Generation Students

Immigrants/Dreamers

LGBTQ+

Students with Disabilities

Foster Youth

Multilingual

Lived Mental Health Experience

Returning Students

Adult Learners obtaining their first degree

BARRIERS TO ENTRY INTO THE FIELD

LACK OF SOCIAL CAPITAL

When we think about Social Capital, questions come up like, "Well I'd like to get into counseling but where do I start?" or "No one in my family has ever done anything like this before." As a participant in the CALPCC Fellows program, BIPOC students will have a chance to network with other BIPOC members in the field to connect, to learn, and to grow.



"The field simply does not do enough to recognize why there are so few BIPOC Counselors. We've got to do better."

- Kenneth Edwards, MA LPCC
Executive Director, CALPCC



COMMUNITY STIGMA

In communities of color, there is inherent stigma related to mental health and as a career choice. With continued exposure to the field, students will be able to bring a new perspective of mental health and its benefits back to their communities. Also, it is important that clients see counselors that look like them.



EDUCATION EXPENSE

Let's face it. Education is expensive. Without the privilege of help from family, an inability to save for higher education, not having exposure to scholarship guidance, and a host of other factors, educational expense can keep BIPOC students from attaining education post undergraduate degree. This program will help students understand this barrier and how to mitigate some of the costs of graduate school.

TRAINING AND LICENSING

Considering the time investment on the path through education and licensing, fees for licensing, licensing exams, continuing education credits, books, other fees, and the foregone cost of not being able to work full time, students constantly are facing an uphill climb on the path to becoming a counselor. While we cannot get around licensing requirements, paving that pathway makes it a heck of a lot easier.

CONSTANT OPPORTUNITY COST ANALYSIS

"Do I buy my books this semester or feed my family and just borrow my friend's book?" "I know I need to earn my 3000 hours, but I also need to work full time. How long is this going to take me to finish?" These are common questions BIPOC students ask. They should not have to choose between higher education and taking care of their families. Let's get to work on this.



ABOUT THE CALPCC FELLOWS PROGRAM

STUDENTS SELECTED FOR THIS PROGRAM WILL:

- Have access to Board of Directors for career guidance and mentorship
- Participate in a 1 year long fellowship program
- Receive a two-year Student level membership to CALPCC.
- Participate in monthly programming as outlined below.
- Receive complimentary registration at all CALPCC Sponsored events
- Receive membership in Regional Networking Groups
- \$500 Fee Scholarship upon acceptance to a counseling graduate program to cover Application fees, books, test prep, licensing fees, test fees, technology, etc.

SAMPLE PROGRAMMING

Ethics and Legal Considerations in Counseling

Becoming a Counselor: What does it take?

Where are all of the BIPOC People in the field?

What does licensure look like?

What types of Jobs are out there in the profession?

Mentorship and Networking 101

Counseling as a Business

Culturally Competent Counseling

Developing a CV



PROGRAM REQUIREMENTS

STUDENTS MUST:

- Applicant must be a member of the one or several of the following communities: BIPOC, LGBTQ+, foster youth, and/or have a physical or other disability.
- Be enrolled at a qualified undergraduate institution
- Be enrolled in a Bachelor's level program studying Psychology, Sociology, Criminal Justice, or Education.
- Be willing to commit to (1) 1.5 Hour Meeting 1-2 times per month via Zoom with no more than 2 absences over the 12 months of the program.
- Be willing to participate in monthly discussions and remain engaged.
- Be recommended by a College Counselor, Academic Advisor, Professor, Employer, or parent by letter of recommendation.
- Submit one page letter of intent that speaks to a) your interest in the program, b) your experience with mental health, c) your career aspirations.
- Please submit along with Resume/CV

FAQ

When does this program start?

Planned launch date is 12/1/20. We will start taking applications on that date.

How can I apply and learn more?

Visit calpcc.org/fellows to find the application or email us at info@calpcc.org.

How can I refer one of my students?

At this time, we are accepting a maximum of 20 students from San Francisco State University and San Jose State University. We will open up to more institutions during the second round of admissions in the summer.

Does this cost anything?

Nope. This program does not have a charge to participate. There is a cost to program administration. Please contact us to become an organizational sponsor.

I want to get involved, how do I help?

We ALWAYS need help with sponsors, speakers/presenters on monthly programming, and providing mentorship for participants.

Program Timeline

Fellowship Program: February 1, 2021- July 2021

Applications accepted from December 1 to January 1, 2021

Application Deadline January 1, 2020

Group interview via Zoom: Week of January 11-15, 2021

Final selection: January 18th, 2021